

# The Beatitudes



Blessed are They.....

## Acknowledgements...

NIHIL OBSTAT & IMPRIMATUR

+ Roman Danylak

Titular Bishop of Nyssa.

25th November 2006

Toronto, Canada

.....  
Everyone listed has made this booklet possible and to them I express my deep gratitude.

First however, I bow before the Lord who has fashioned the receiver who so often fails in her mission. With gratitude for His patience.

I thank my dearest husband Michael for all his help, patience, understanding and love.

The many Friends & Associates of the Host Apostolate.

To all those who have helped with the funding.

To all those who have supported us with prayer.

Mary Cruickshank for her help with the computing.

Chris Young for his artistic contributions.

Veronica & Charlie for their support and encouragement.

Celine & Dave for theirs and their unfailing friendship.

To Dave Brown for the web site and constant aid with computerisation and Advice ([www.webassembly.co.uk](http://www.webassembly.co.uk)).

Fr. Peter Tarantino for his unfailing guidance and straightforward steering... as well as Fr. Noel Colahan, Fr. Nicholas Kearney And Fr. Brian Murphy on whose wisdom I depend.

Finally to Bishop Roman Danylak who so graciously evaluates and encourages and granted the Imprimatur.

It is with thanks that I make use of the art work given freely by Kathy Rice Grimm ( which is initialled), [www.pickandprintgallery.com](http://www.pickandprintgallery.com)

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# The Beatitudes

Blessed are the Poor in Spirit for theirs is the Kingdom Of Heaven.

Blessed are the Merciful for they shall obtain Mercy.

Blessed are they that Hunger and Thirst for Holiness for they shall have their fill.

Blessed are the Pure in heart for they shall see God.

Blessed are the Meek for they shall inherit the land.

Blessed are the Peacemakers for they shall be the Children Of God.

Blessed are they that are Saddened and toil for they shall be comforted.

Blessed are you when people insult you and tell all kinds of evil lies against you because you are my Followers. Be happy and glad for a great reward is kept for you in Heaven.



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# The Beatitudes

## Teachings on the Blessings - The Beatitudes.....

The following teachings were received at the end of the year 2004 and then the following year. They were not in the traditional order and some also required me to explore their meaning myself and to comment on them. In this exploration I discovered that the texts and translations differed not only in the English but from the English to other languages. Often they were interwoven in more general teaching of myself in particular, as well as all people of good will.

I was also encouraged by Bishop Danylak to write them up as well as to write up any reflections that have arisen as a result of prayer and instruction. This coupled with Fr Peters frequent call to me to write have resulted in the following presentation.

I sincerely hope that they are a blessing to anyone who reads them and a point of personal growth and inspiration to further spiritual development. They were given by Jesus to those on the mountainside as a path to holiness, a spiritual treatise on a way of perfection, a journey into the sublime nature of God for Mankind. They stood as reversal of the usual ways of man which lead to self perpetuation and greed and threw open the door to a better path. Received as the events of the tragic tsunami were unfolding they stood as poignant reminder of how far we have travelled from Mankind's relationship with the Creator but also as a sign of the capability of man to be generous and aware of the needs of his fellow man.

Thus the call to write and pray about the Beatitudes opened with the words of Jesus: -

*How dark the world is growing, how tormented and unprepared. Mankind, bow down before it is too late and the shutters of sleep are closed and the bitterness of night, of unrelenting night, will not allow the light to penetrate. Many will be lost in anguish and despair. Many will not see the light of day. For a few days Mankind became fragile, aware of its own mortality, but how quickly it turns itself away from its own nothingness and hides behind its common humanity. Can Man stop nature?*

*Wake up and believe that I Jesus, intercede for you all with My Father. I am the Lord of Mercy, plead for it, do not disgrace yourselves by seeking other means of defence and prevention of events that have long been foreseen in the Eye of God.*

*With one voice, cry out: " Lord have mercy, we have sinned against you. Christ have mercy, we have rejected you. Lord have mercy, we acknowledge your Greatness, King of Heaven and Earth."*

*Halina I remind you of your mission. Do exactly as I bid.  
Remember the Beatitudes (29th December 2004).*

As I begin to write out the teachings, the news of the second major hurricane, Rita, to hit the southern states of the USA is breaking, adding even more to the significance of the words given. I pray that they will be heeded . . .

# A Teaching Within a Teaching

When the Lord wishes to instruct he does so in many ways and on various levels simultaneously. He uses different means depending on the task and the person that He is instructing. Indeed He chooses the means very beautifully and finely. All people receive this teaching although not every one is aware that it is going on or that they are being guided so directly. The direct and explicit teaching of the Word, the New Testament, is alive and active and the voice of the Lord can be heard in and within it.

The teachings contained ripple through our everyday lives and call us to 'follow the Master.' They apply always yet as many people have discovered sometimes the words jump out at us and seem to be for us a guide in particular circumstances. How often too, do we simply not notice a phrase or two till a special moment in our lives and then we simply cannot believe that we have missed it all those years, it has always been there but we hadn't noticed.

No less important is our willingness to receive the teaching and Jesus Himself expects us to do some of the work ourselves . . . to go and find out some aspect of a teaching or Pray a great deal more for understanding or even study a little, read more etc. When the heart is engaged in such learning, the teaching touches our spirits in a unique way and the lesson is well learnt and retained, so important for change.

It is in this manner that the Beatitude teaching were conveyed to me.

The call to listen very attentively is the first step and a kind of very delicate attention is engaged upon. This does not mean that all is necessarily clear . . . far from it.

Jesus' words to me were simply . . .

JESUS . . . *Little one be attentive and another series of words will be laid on your heart* ( 19th August 2004 Home Middlesbrough).

These words were part of a much longer locution and could almost be missed save for the 'special touch off the Lord' a kind of awareness of something about to unfold . . .

Then nothing seemed to be being given that was somehow linked with the first call in spite of other locutions. Patience is always required when the Lord asks us to do something. Then quite unexpectedly two months later, in the middle of writing, Jesus says . . . (17th October 2004, Home)

*Matter and form do not impede the action of the Spirit, for He cannot be contained.*

*The poorer the spirit, the soul, the greater the Spirit of the All Holy Spirit indwelling in it. So the gifts are given and used - knowledge without learning, understanding without study and competence, awareness without perception, solicitude without turmoil, and so onward to Perfection . . .*

Thus was the first direct teaching conveyed. The locution continued but on a more personal level

## Teaching As Study . . . A search and confirmation.

This may seem strange as the words given were so clear but I did not assume that others would follow. The one explicit teaching may have been just that. It may have been given as a means of instructing me. However in the next few months the teaching became clearer as the Beatitudes began to be presented to me in various forms. I could hardly open a book, read anything, listen to anything, without one of the Beatitudes jumping out of the pages at me. As I have learnt Jesus often expects us to do some of the work ourselves. He leads and guides and the Holy Spirit inspires us to turn to certain things that reveal part of the mystery of what we are supposed to be delving into. For those for whom books or reading are not usual fayre this instructing can come through people, indeed this is so for everyone to some degree, or through very ordinary things such as recordings, films, music or anything that speaks of God. So during this period the Lord draws us to what he wishes to communicate and sometimes the pages seem to fly open for us. And so it was for me with the Beatitudes.

I was waiting for Mass to start one day and there was a slight delay. Fingering through my Office Book I came across a picture of the Face of Jesus as depicted on the Turin Shroud. The picture was a very old one and I had kept it as it had been in my father's prayer book. I had never noticed that on the back were the Beatitudes. As I started to read these in Polish I became acutely conscious that the words were not identical to the translation in English. The word that particularly stunned me were 'Blessed are the silent (ones) for they shall own the earth'. (my translation) The words shook me for I knew them as 'Blessed are the meek for they shall inherit the earth'.

No lesser surprise was the use of the word 'toil/tire instead of mourn. I have tried to pray through the statement of 'blessed are they that mourn' (or worse 'happy') many times and there always seem to be a paradox here. Jesus indeed comforted those who mourned and he himself did so over the death of Lazarus but I had to work hard at the idea of mourning being a Blessing as such. The Polish threw a different slant on the teaching.

This experience made me even more aware of the teaching on the Beatitudes. This was soon followed by a second revelation. While looking up the various translations in different bibles I noticed that more and more were the words 'Happy' used and not 'Blessed.' This has troubled me a little in the past but now it seemed to impinge on me in a deeper way. So the search continued.

As I started to reflect on the call that the words Jesus gave us carries I realised how vital it was to be faithful to them. Words carry with them a deliberate loading which has an effect on both our understanding and our actions.

One day while pondering this deep in my spirit Jesus asked me to copy out the various translations. I remembered that he had said 'remember the Beatitudes'. I realised then, fully, that it was these that the Lord was to lay on my heart.

Not surprisingly the readings for the next day were the Beatitudes. (29th January 05....taken from St. Matthew Ch5. vs. 1-12).

That evening I started to copy them out.

As already mentioned the first copy came from the 'holy picture' that I found. Interestingly the Face of Jesus taken from the Turin Shroud was almost identical to the face of Jesus that appeared on the Photo of a chapel at Graymoor above the tabernacle (Home of the Friars of the Atonement). The Polish on this picture I had was very similar to the texts used today. Indeed there were only two minor variations of grammatical form. The Polish texts are reprinted in the appendix.

I also looked the various English translations and copied out the following. The first was taken from the Jerusalem bible (1966) and as it happens was the form used on our Mass leaflet.

1. How happy are the poor in spirit, theirs is the Kingdom of Heaven.
2. Happy the gentle, they shall have the earth for their heritage.
3. Happy those who mourn, they shall be comforted.
4. Happy those who hunger and thirst for what is right, they shall be satisfied.
5. Happy the merciful, they shall have mercy shown them.
6. Happy the pure in heart, for they shall see God.
7. Happy the peacemakers, for they shall be called sons of God.
8. Happy those who are persecuted in the cause of right, for theirs is the Kingdom of Heaven.

I then turned to the Knox version . . .

1. Blessed are the poor in spirit, the Kingdom of Heaven is theirs.
2. Blessed are the patient, they shall inherit the land.
3. Blessed are those who mourn, they shall be comforted.
4. Blessed are they that hunger and thirst for holiness, they shall have their fill.
5. Blessed are the merciful, they shall obtain mercy.
6. Blessed are the clean of heart, they shall see God.
7. Blessed are the peacemakers, they shall be counted the children of God.
8. Blessed are those who suffer persecution in the cause of right, the Kingdom of Heaven is theirs

Also . . . Blessed are you when men revile you and persecute you and speak all manner of evil against you falsely because of Me be glad and light hearted, for a rich reward awaits you in Heaven. So it was they persecuted the prophets who went before you (Knox).

Counterbalanced by the Mass leaflet . . .

Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on My account, rejoice and be glad for your reward will be great in Heaven





# The Beatitudes

## Blessed Are The Merciful...

It is at this point that the final confirmation that the words to be given were indeed the Beatitudes. As I was concluding the writing out of the various texts Jesus stated to 'lay these words on my heart.'

*JESUS . . . Little one - peace be yours today and always-- little weary soldier - prepare for battle for the war is far from over and the guns are ready to fire at all my followers - all who uphold Hope and Truth.*

*Do not be dismayed at these words - nor treat them as metaphors or exaggerations. Little warrior fight for Me for they wish to remove My face from the face of the earth. They wish to follow a face filled with lies and darkness - penetrated by evil and ungodly. They will seek to destroy all that is light filled, that can shed even a glimmer of light on the truth. you stand in counter position - well grounded and filled with the Word of the Spirit. Listen only to Me and I will be your strength and guide. I will protect you in all circumstances for I need you to speak the truth.*

*The world revolves on an insecure axis both physically and spiritually. My 'lights' and yes they do exist and are hidden at the present and more numerous than you think will shine ever the more brightly as the days ahead produce more and more haze and dimness till all becomes dark and obliterated.*

*How little time there is left to turn to Me and plead for MERCY - BLESSED ARE THEY THAT ARE MERCIFUL but Blessed are they that RECEIVE Mercy from Me for they will become Merciful. Mercy is a fruit of surrender to the perfection of God. Man becomes Mercy - full when he realises his nothingness and harshness and looks on the Face of Love. When the Father's Mercy is shown Man cannot be unmerciful for he has been shown much mercy. You plead for others because you have been shown Love and filled with compassion and Mercy by the Father. I plead for mercy for all My children and they turn away from My Loving Heart, breaking it into pieces. Mankind, I beg you to look into My Holy Face. Look into My Eyes and do not look away. Can you look, even for a few seconds and not be moved? Why do you then reject Me and look away? Do you not know what can befall you. I plead with you do not reject Me for now is the time of forgiveness and grace. Learn from your fathers. Learn from your Saints. See My Beloved Mothers Purity.*

*In a short time the Oceans will become full and angry, - the movement of water will change and the direction of flow will alter the balance now held by the tides, the wind will roar once again and there will be more devastation. The earth is out of balance and the air is being filled with that which cannot sustain life.*

*Little ones - pray - pray - beg and plead for Mercy -.*

*Look at Nature,- look at My Creation - so beautiful - so peaceful - my animals in harmony with all that I have created in Unity with My Father and the Holy Spirit of God.*

*Do not drown your sorrows with false palliatives - alcohol, drugs, sensuality, wealth, selfishness, and an eagerness to dominate others and not allow goodness.*

*I am encouraging generosity at this time, to turn man away from himself to others, yes, but to look to Me as the generous Redeemer, God-Made-Man, God who lowered Himself to save all. But you must look up to heaven for your salvation. Generosity comes from the Heart of God.*

*Halina, I am instructing you about the BLESSINGS, the Holy Blessings. They are important at these times of distress for they are words of encouragement, hope-filled benefits for those who heed My words. You see that there are differences from the words of earlier days and today. Be faithful to that which stirs the Spirit and moves you to Holiness. Man makes light-weight and not heavenly light of My words - a blessing is a happiness but Blessings come from God not man and endure into eternity. Eternal happiness is a gift of God and not Man- made. Happy indeed are the Blessed, even if persecuted or on pain. Unhappy are those who seek only happiness in this life and distort My meanings.*

*Halina, I have already given you a teaching on Purity of Heart (See Rosebuds). Others will follow but not as given in a particular order. See you have one on Mercy. You will understand in the days to come. (Jesus now makes a few personal comments)*

*Be speedy with the collation off all the work that Dave is doing. Give him the links he needs.*

*Make this a priority - do some writing - all in a rhythm of prayer.*

*Halina - your mind wanders a little here for you hear Me questioning your journey to London - next week. This is a matter for prayer and discernment. Be open to all prompting.*

*Now Little Rosie little reporter - REPORT - yes, and to Michael first - See what I am doing with him- yes encourage him in Service once again. Stop now for you tire . . .*

*My Blessing on you and your family.*

*H . . . Thank you My Lord, My love, My Saviour, My King ( 29/1/05 ).*

*Footnote. Reference should also be made to The Revelation on Divine Mercy given to Saint Faustyna Kowalska..." Divine Mercy in my Soul".*

Comment taken from The Ladder of the Beatitudes, postscript comment found: -

A comment made to the author Jim Forest...." Happy isn't good enough," Rabbi Steven Schwarzschild once told me, "The biblical translator who uses such a word should change jobs, maybe write TV comedies with nice happy endings. The problem is that, if you decide you don't like 'blessed', there isn't a single English word which can take its place".



# **The Beatitudes**

## **Blessed Are They That Hunger And Thirst For Holiness...**

### **A Teaching through someone else . . . .**

Michael my husband was unwell and not being able to concentrate well, and both of us being restricted to home I decided to do some spiritual reading and sharing. I picked up one of the books that I had liked so much but given away, only to find it again at Madonna House, Robin Hoods Bay. Called ' My Heart And I' it is a series of reflections and I believe, locutions / inspirations given to Catherine Doherty. ( Now Servant of God) In the 80's it had greatly moved and encouraged me. Reading extracts again it still 'held me' the understanding deeper but 'poorer' too as I was now so much more aware of my own shortcomings and struggles.

I read some bits to Michael.

At random again, I opened a section which immediately spoke to me of the Beatitudes, and I knew that this was Heaven-sent, another instruction to add to the teachings. Strangely she wrote these words on the same day that I found them, the 21st of February 2005 but in 1953.

I quote the section called 'The Wind ' as it is so apt and relevant to the requests of My Lord to learn of the Beatitudes: -

"The wind, the wind reared and tore, it wasted and broke all things it touched. It wreaked its vengeance on my soul and tried to break through all its walls. The storm, the rain were lashed by wind into an elemental tidal wave that howled its triumphant song each time it broke a tree or wrecked a roof. It danced; it danced the dance of madness like the lunatic that it was. It took all of my obedience to stand and face the storm alone. I knew that it was more than rain, than sleet. I knew that it was Satan's rage hurled at me, because at every turn I botched and frustrated his plan in souls. But there again, it was not I; for I was but a pebble small in the palm of my Loves hand".

"Let go and leave the wind alone. No storm can touch you when I say so. For winds and waves obey My Words. Rest now because soon you will walk up a hill called Calvary with Me".

"For years you made the way with Me. And now I shall make it with you. One by one we shall descend into the well of all these stations which you have loved so much and which each have become, unknown to you a part of you."

"Descend; descend into the sea of pain that accompanied Me. Stand still. Behold My Gethsemane. And then feel Judas's kiss touch My fair skin and see it blanch from pain within Me".

"Behold the throngs the soldiers strong hacking me to death and misery, and then behold Pilate and see how fastidious a Roman can be. He knew My innocence and yet condemned Me, but in perfumed waters washes his hands. Yet who would wash his heart?"

"Behold you see a perfect JUSTICE condemned IMPERFECTLY. Do you begin to understand what was meant by this first station of MY Passion of Love for you?" Look back, look forward. For you I will open the rest of time. See how injustice abounds on earth and how charity lies wounded unto death".

"It had to be this way. There was no other to expiate the sins of a million years and a thousand billion men who did, and do, and will continue, to wound Charity, because they kill without mercy her daughter justice, through fear, human respect, love of themselves, or gold."

"I am CARITAS your God. How else could I atone for this dark sin that brought MY Father's anger, except by becoming the exemplar of such a verdict, of such pain? Because of you Pilate by condemning Me, gave Me the way to repair for Loves wounds and those of justice, and thus give strength to all who bear injustice in the evils of the earth".

"It is because I knew of this that I spoke to Man for Justice Fair and told that they who hunger for it shall be filled".

"You see, I'll fill them, for I hungered for justice being Pure Justice Myself. But I met injustice and touching Me it became a flame. Men have burned with it joyfully for My sake. I bore it with a song for your sake".

"Thus I opened the gates of Love by standing before Pilate, My love".

Later that day The Lord Jesus gave me the following confirmation.

*JESUS . . . Yes . . . Halina, seek and you shall find - open your mouth and you shall be filled - knock and all the doors will fly open for you for the blessings are for you and those who seek the Kingdom of God from the depth of their hearts and spirits. Keep all that I show you safe and be aware of the nature of love for it is shared. Each one of My little flames has been gifted with some special understanding. I build and reveal in many ways. You gave Catherine's book away but you treasured it. I treasured your love and replenished it out of love. But all this at the right time, for I taught her and what I imparted to her she imparts to you, so that the links can be made secure chains. Each link, as I have said to you, is pure gold.*

After having written this I became very aware of the order in which the teachings on the Beatitudes were given to me, was significant. Following the teaching on Mercy comes the teaching on Justice, the refrain from the psalm 'Justice and Mercy have embraced' echoed in my heart. Mans ability to comprehend either is severely flawed. As we try to understand one or the other our temperament and culture as well historic time dictate which is more emphasised. Indeed some people seem to grasp or wish for one without the other. Yet both are equal to God who holds all things and pre-empts all thing. Our paltry attempts to unravel each often leads us to attribute to God mans interpretations.. thus our notion of Mercy is often a very human view of such attributes as kindness, tolerance, compassion but not a God given and 'unlimited' Mercy which cannot be either explained or accounted for or indeed be limited or defined.

So too Justice. Man's justice is often the retributive and power filled attempt at either control or based on our perceptions of fairness, however expressed. Yet Gods Justice encompasses all Holy Righteousness and cannot be compared to our human interpretation. There is no conflict between the two for perfection is the interplay between these qualities and is an exemplification of a Trinitarian God who is Perfectly what He is -- Perfect Wisdom.



# The Beatitudes

## Blessed Are The Pure In Heart

**The Holy Economy of God. A teaching given on a previous occasion.**

"Blessed are the Pure in Heart for they shall see God."

This particular teaching was given to me as part of the teachings called the 'Flowers of Surrender of the Crucified Jesus, The Rosebuds'. It was a time of great struggle as my father was very ill and dying at the time. It was a guide to help me to do the many thing that were required with the purity of heart in order to give the right type of care rooted in love of God and love of Man so difficult to achieve in adverse circumstances and vital for a growth in Holiness. Each circumstance calls us to practice that 'purity of heart' which as the Beatitude suggest enables us to see God. This 'looking at God', 'surveying God' as the Polish suggests has implication for the way that we serve each other .For purity of heart enables us to see God in all whom we serve. As our sights are focused on God we begin, all so slowly, to imprint His Face on all the people with whom we have dealings. They bear the reflection of His face. But this requires us to become simple and pure.

This is beautifully exemplified by the retort of St. Bernadette who in spite of having been gifted with visions and insight was able to express her nothingness and purity thus.

'One day a young women called at the Convent at Nevers that Sister Marie Bernard (Bernadette) was in. She was determined to see and meet 'this lady'. She had great expectations of the person who had been so gifted. The mother Superior called for Sister Marie Bernard. As they met the young women somewhat disappointedly exclaimed....." is that all there is"? Bernadette replied- ' C'est tous!' Yes, that's all there is (That's it) . . . Having seen the purity of The Immaculate Mother and having surrendered herself to God she became pure in heart and 'a light'

As already mentioned this blessing was given in between the ones on Mercy and Justice but only as a reference to what had already been given. As I was reminded..... *Halina, I have already given you a teaching on Purity of heart, others will follow, but not as given in a particular order. See you have one on Mercy - You will understand in days to come.*

So I reprint the teaching as given at the time in its entirety ( 13th September 1999): -

JESUS . . . *Have you had some sleep now? See how disobedient you are. I called you just before you went to bed but you were too tired. Did you not think I would sustain you? I woke you up again and you wait before you give Me your prompt attention. Yet you cannot resist Me either. Halina, know what is happening do not fight Me within yourself. You will not extinguish that call, for I will continue to call you and it will cause you more pain to decline or delay than to respond.*

*Halina, be NOT afraid - do not fear. I am guiding you and I will not let you enter into error. When else can I speak to you at the moment? I said that I would come to you soon*

*Now for the Fourth Rosebud, which is Purity. I gave you this at the end of the last message, but you were not sure. Why? You did not put it into your heart- I did.*

(I prayed to Mary, Our Mother, at this point for guidance and against self deception)

“Oh Purest of Creatures, Sweet Mother, Sweet Maid ' - (The words of the Hymn came into my heart straight away).

*JESUS . . . My Mother answers your prayer and is with you. DO NOT FEAR. You see, She is the PUREST of Creatures. Your intentions are often so clouded by things which obscure your vision and lead to doubt and uncertainty. When your own vision is imperfect, then the 'tempter' can distort and make you weak in your responses building on that doubt. Today Mankind distrusts purity, certainty, faith and in your self analysis you build-in 'doubt' as healthy and honest. Yet Purity of intention is not of this order. Purity is a gift of the Father to those who are washed in the waters of salvation and bathed in the Blood of the Lamb. The gift is given not to the wise of this world, for real Wisdom is simplicity and poverty of spirit. To be pure is to be in-filled with the grace of being washed clean. It is to be transparent in intention. It surmounts all anxieties, fears, doubts, and says-Thy will be done, Father, in all things. Purity cannot be confused with chastity. Chastity is one sign of Purity, but it is not synonymous with Purity. What colour does Purity suggest to you Halina?*

H . . . White, Jesus - Dazzling white.

*JESUS . . . Well then, be white. When Paul, My disciple, fell to the ground, he was dazzled by the Purity of the Father. He was so dazzled, he could not see. So Pure is the Light of Truth that it over-shadows all else but it is not a shadow but a searing light, a kind of illumination that burns deep into the spirit enkindling the embers of the heart with a certain love- this love the permeates so that doubt becomes incongruous with what the spirit knows to be the Truth. Even when it does not experience the Light or feel its warmth, it knows of it and lives in it even if it 'feels' darkness. A spirit cannot, while on this earth live in the spotlight of the Fathers Light, for it would be blinded. But the rays so impart themselves that, unseen to the spirit, they shine and make clear what seem dark either within it or around it. To be anointed with this Light is to be gifted with Purity*

*Purity. Have you not met anyone whose sheer beauty shone in their actions even if all about them was gloomy and dark? My Mother shone like this. That is why the evil one hates her so much-' the one spotless Womb where Jesus was laid. Dark night has come down on us, Mother, and we look to thy shining- Sweet Star of the Sea'-yes, the words of the hymn so clearly say what I wish to tell you. Mary shone. She is the example of Purity for/to today's world. She shines as a Beacon of Light to both those who would reject God and the believers. Her Purity is without question. The 'tempter' cannot abide this virtue. The interior light of the soul makes him flee- run away, for he is the master of darkness. Oh, if only Mankind would seek that light it would not be subject to his base intentions and dominion. Let Mary's light protect you from him. Look, Halina, at the Light of Mary's Mantle. It is so delightful. It gleams with whiteness and cleanness Purity is a gift. It's given as sign, but it over-flows from the Rosebuds already mentioned. It cannot be granted and kept unless there is Humility in the spirit. The light which shines from the Just is the light of Purity, a guarantee of the Presence of the Holy Spirit.*



*Halina, your eyes are burning now so I shall stop, but close your eyes put out the light and bask in My Light. I will enlighten you and tomorrow speak to you again on this virtue. I teach in many ways-- Submit yourself to Me-- Hand Me your spirit-- Open the door wide, very wide. Halina, turn*

## **8.15. p.m. at Adoration**

Jesus bid me recall what happened when I put the light out last night. At first I felt this overwhelming peace, a kind of warmth, yet it wasn't a 'consolation', rather an affirmation for underneath this was the dryness that characterised my path. I saw nothing but then after a longish while I felt the Body of Jesus in my mouth so clearly. I felt the Holy Host melt in my mouth, cleaving to the roof of my mouth first. I was taken aback. When I awoke in the morning the feeling of receiving Communion was still with me, and I was still surprised for I had been to Communion that morning (Thursday a.m.). I took it as a gift to encourage and strengthen me in Purity.

*JESUS . . . Halina stop writing up what you experienced and I will tell you something more about Purity. Purity is a vessel, a ship which carries us to the highest heaven. I came to you as a Pure Host last night for the interior struggles you are experiencing surpass what you have experienced to date. I cannot purify you any further unless I let you experience the degrading weakness of your own self. You are experiencing the depth of all that thwarts your total communion with Me. You must learn to be totally honest with those around you and in prayer. You think you are and indeed act accordingly but the stress you are experiencing speaks not of surrender but of the hidden enemy of pride and rebellion and manifest hurt as a result of a false perception of self. I say this to guide you. It is undoubtedly difficult to surmount insult, injury, offence, degradation and rejection but the pure spirit greets these with joy unbounded. I know your struggles. Others faults cannot be justified but your inner disposition is what I wish to observe. Why do you allow others to disturb your peace? If I indwell in you speak to Me and I will rescue you from harm and not let you be distressed so that you lose your inner peace. Stop for a little while but be ready later when I call.*

## **3.45. a.m. Home.**

*Please take care to respond instantly. The quicker you respond the quicker you can return to sleep mortal man. Thank you for responding quite quickly. I continue. Hmm....(Jesus pauses) Inner peace - a dialogue with the Almighty (All- Mighty). If you retain a communication with me at all times you will not lose your inner peace no matter what the circumstances.*

*Halina, please concentrate. Purity is not to be considered as an unreachable goal, something impossible, for men are imperfect. By purifying yourself- by submitting yourself to My purging you can be made clean and attain a beauty a radiance of spirit which will show an unbelieving world the power of prayer. If you pray, that communication that dialogue, that communion, that contact with Holiness transforms the Spirit into an ever purer vessel which by its contact with the sublime changes and becomes richer, lovelier, beautiful and radiant. Remember Moses-- What happened to him on the high mountain? He could not be looked upon by his fellow- men because his face had 'seen', be in, the Presence of God. The nearer you come to Me, the more pure you become and you live My life. As the reading said at Mass, you are called to live in the Light.--" Thy pure beaming radiance give, Thou the Father of the Poor. Come with treasures which endure- come Thou Light of all that live". Yes, another poem/hymn that expresses this Mystery. Seek light. I give light in light. To pray is already to be enlightened, to seek the things of Heaven.*

*Halina, draw what you are being shown, do not hold back. You find this difficult. Why? You will not get it wrong. It is simple- The Trinity- The Father send His Spirit, who graces the soul and reveals the Son- a pure gift to mankind. The son was a pure gift to all. He was pure because He always did as His Father bid, always attuned to the Spirit. To be pure you have to be like the Son. Follow the Son. Always follow His example. To do so is already to accept the Spirit and yearn for Purity. The golden rays of the Fathers Love are such that they grant to the seeker the means to find Him. The harder a man looks the more he will find, the purer he will become.*

*Confession of self is also a means to purity. To admit to one's fallibility and weakness is to open yourself up to the Spirit, to be made clean and pure- "Ransomed, healed, restored, forgiven". Yes and how much this is true. The purer the spirit the more they will seek this remedy for spiritual renewal and perfection. My little lamb, please seek for purity, I wish you to be whiter than snow-gleaming, white purer than refined gold, transparently beautiful. Give Me your heart and I will irradiate it with pure beams of light. Halina, I could speak all eternity of Purity. Please become pure. Speak of this Rosebud often.*

*I will grace you with deeper insight all your life if you become pure in spirit, but now little one try to retain what I have taught you. See how already you long for more. Walk among the Saints in Light in the Light of Gods own grace. (I stopped to start a new writing book it was black with gold edges) What a lovely book Halina. Put Me in the centre of all that gold. I am the Refiner, the Purifier- the Perfector of souls. Let Me write on the pages of your spirit- be like this new blank page-white pure- an open book for me to write what I will in it's pages. Give me your life an open book for all to read my words so that all can learn and be purified. It takes courage to be blank to be used- a tool in the hands of your Creator but please be one for the sake of the Kingdom. Halina of Light. Halina of great nothingness and servant of the poor. Remember that title. Does it make more sense to you now than two years ago? You pause to reflect on this- so many things have altered, so many things changed and how you have changed and grown.*

*My deeper words to you began on the feast of St. Clare- 11th. August and then My Mothers Feast of her coming to Heaven bodily (for she always had 'one foot', a foothold in Heaven. So I spoke on the Feast of another lady of Light- Clara. All by design- all by My Fathers design. See how I prepared the ground for many years gifting you in so many ways. Words here visions there building you up in preparation for the task I have set. How overwhelmed you were at times. The Capitulation Prayer before this time of listening and writing overwhelmed you so what has been done for you and for you? Blessed are the pure in heart for they shall see the face of God. Halina keep seeking my face in purity. Do not be perplexed or surprised by anything from now on. I promise you much suffering but much joy.*

*Little blank page--- Sing for Joy- for (your) salvation is near.*

*Now sleep little one. Be at peace- all will be well.*

# The Beatitudes

## Blessed Are The Pure In Spirit...

In order to place this previously typed message in the right place in the context of the Beatitudes I had to learn how to transfer documents on the computer. In the process of doing this, and I am really not sure how it happened I came across a interesting study on the Beatitudes. As I was not working on the internet at the time how this popped up I cannot explain.

The studies were undertaken by a Biblical Hebrew web site. The title of the article that was in front of me was ' the beatitudes unlocked by Hebrew parallelism Mat5: 3-10. The work undertaken by this Evangelical Christian group with Jewish / Hebrew roots adds much to a linguistic understanding of Scripture. They make it clear that 'the phraseology is poetic, which you should read and get the flow and drift, the heart of the message, not be distracted by small print.'

Further they start by linking the eight Beatitudes into a series of four parallel phrases which they say echo each other . . .

"The use of Hebraic poetic parallelism can be see carried into the New Testament in the Sermon on the Mount. The Beatitudes (Mat 5:3-10) are arranged in pairs which can help clarify the meaning of their corresponding phrase. Here the transposed order of verses 4 and 5 has been used as in many Greek NT and Latin Vulgate manuscripts, making a more obvious parallelism of the first set of blessings.

Blessed (are) the poor in spirit For theirs is the kingdom of heaven	Blessed (are) the meek For they shall inherit the earth . . . ' (see notes
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I found this most interesting and food for thought. I also felt that at the heart of the study was an emphasis on the 'heart' rather than the purely technical. The understanding of the Hebrew form and language adds to the appreciation of the Blessings. This is especially true when examining such words as 'poor' of which there are eight words and different meanings. The word used in the Beatitudes signify the 'spiritual' poverty rather than 'material'. This was especially encouraging as this is the precise way that I have been given the meanings of the Beatitudes. Poor as in 'anav', poor meaning poor, humble, meek rather than 'ptachos', meaning abject poverty, unable to scrape a living!

One comment especially touched me as it used the words that Jesus himself had given to me in the Rosebud on Meekness. 'Meek' does not mean 'weak'.

Another parallel was between the 'merciful' and the 'pure in heart'. For they shall 'obtain mercy ' and the balance 'see God'. Clearly those that are merciful are also those who have been given mercy and therefore who thus extend mercy to others and are pure in heart.

However, in the teaching on the Beatitudes that I received there is a very specific deepening of the concepts of Mercy and Purity of heart. Meekness too is treated apart from Humility in the Rosebuds

I cannot fail to realise too that while I received the teaching on 'Mercy' and it was followed by the 'Seekers of Righteousness' the teaching on 'Purity of heart' was 'slipped' in between the two.

All things work together for good for those who seek the Lord



# The Beatitudes

## Blessed Are The Meek...

**Blessed are the meek for they shall inherit the earth.**

Hidden teachings.

On the 14th of September Jesus had chided me for not getting on with the copying and transcription of the Beatitudes with the words . . .

*JESUS . . . Start writing out the Beatitudes for there is more work than you think and it is an important work of My Father which must pass through your hands.*

At this point I was not aware just how much work there would be and how much more there was to be in terms of getting all the teachings together. In some ways all became clearer in terms of the content but actually writing up had its little surprises. This was especially true of the Beatitude of Meekness. It was the words Meekness and Mourn that I first saw had different translations. It was also the word Meek that was used to be a parallel of purity of heart (previous section). It was given to me in the Rosebuds, the ninth. Yet when I was pondering the other Beatitudes I knew that I had omitted this one in writing. Further it was not given explicitly or referred to thus. It remained hidden like its virtue. Nearing completion of all the others I realised that I had not included this special Beatitude. I was reminded again of the words of Jesus... more work than I had realised even in compilation.

Indeed I did have this teaching already but I needed to bring out the parts that were specific to the Beatitudes this time omitting the personal. I also had to insert the whole section for I had forgotten to do so. The Holy Trinity expect us to use the gift of intelligence too and our abilities. I had obviously been given this one and I should not have required prompting, but indeed this had to be done.

The words used in various translations include Meek, Silent, Gentle. As will become clear meekness is not to be confused with Humility either. Knox has the word 'patient'. (which incidentally was also given as a Rosebud separately). I prayed a great deal about how to deal with these differences. Which of these words is the nearest to the original intention of the Master?

Returning to the Rosebud on Meekness, which incidentally was referred to in the preceding teaching on 'Freedom' but I still did not pick up that this would be the next teaching given at the time, it became apparent that it could embrace all these words because its key is 'surrender'. However it has its own specific meaning. Any quality which we have that is essentially one of 'stillness' of 'Listening to the Lord' must have one of the attributes of Meekness. Jesus puts it so beautifully when He speaks of a lamb resting on the Heart, His heart. Indeed a prophet relationship with God, in Hebrew, is one of intimacy, of resting together, of reclining on his friend and listening, a perfect description of St John the Apostle. The word used is . . . Cowdh. All these elements are brought out by Jesus in the teachings on meekness. The following will make this

JESUS . . . Now, *Halina*, open the book again on page 306. (I had already been directed to the book which I had next to the bed, St. John of the Cross). Now what jumps out at you?

H . . . The word meekness, Jesus.

JESUS . . . *The next Rosebud is Meekness.*

*There you go again thinking 'Oh, but that's like humility.' Really, Halina, do you know this for certain? Listen to what I tell you.*

*Meekness is not the same quality of spirit as humility. They are related. Just as purity and chastity are related, so too are meekness and humility.*

*I am Meek and Humble of Heart - remember, Halina. If they were the same, would both words be used? No, they would not. Meekness is a quality that very few people today possess. It is thought of as weakness or unnecessary subjugation. Yet meekness is a fine gift of the Holy Spirit. It is both gift and fruit. A meek and submitted spirit is not aggressive or strident. It has been gifted with total surrender. It has learnt to bend low and think itself as nothing, as unable by its own resources to do any task. It is pliable and compliant. It is led down this path so that, thinking itself as nothing, it gives praise to the Creator and is grateful for all things.*

*Learn meekness, Halina. The gift is given, but it can be practiced in submission and surrender. When a spiritual gift is given it gives great offence to the Father if it is ignored and not utilised. Meekness is also a fruit for great self-giving, great sacrifice and therefore True Love produces in the spirit a meekness which is a fruit of that self-giving. I was a meek Sacrifice. I surrendered to My Father. I went meekly to My execution and My final consummation. My Sacrifice produced meekness for all the Body, an example of how to return to the Father.*

*To be meek in all adversity, to be little and self giving requires much prayer. It is a quality that does not puff one up with pride but the reverse of this - total lack of any feeling of self-worth. Oh, how I hear them scream in hell. For today you, Mankind, find it essential to find and seek self-worth, to esteem yourself. But surely it is the Father who must esteem you and He does not require any spirit to evaluate its own worth. He loves each unconditionally and esteems every part of Creation. If you are esteemed by the Father, then that is all that is necessary. You do not have to throw accolades at yourself of worthiness. No one is worthy of self-esteem. Only Father, Son and Spirit are to be esteemed. If the soul appreciates the magnitude of the Trinity, he will not grow fond of self-esteem.*

The next day the Lord Jesus continued the instruction (13/14. October 1999) with these words . . .

JESUS . . . *Meekness and submission go hand -in-hand. **Meek does not mean weak.** Meekness is a quality of mind and heart that **leans on** the heart of Me, Jesus, and **rests there in quiet repose.** If you pick up a lamb and put it round your neck, or cradle it in your arms, it will surrender its body to you gladly, relaxing into yours. Remember the little lamb in Pembrokeshire! It will not fight you or try to get free. It will gently bleat and cling to your warmth and your comfort. So you too must be My little lamb. Seek comfort from Me, only Me, for I am Meek and Humble of Heart and I will give your heart peace and comfort. Do not struggle or fear, for I assuage all fear and bring stillness to the spirit. Real love casts out fear, and I will cast out your fear, for I love you and will not harm you . . .*

*Repeat often the words **Jesus, Meek and Humble of Heart, make my heart like unto Thine.** Yes, I submitted to My Father and was Meekness itself in His Presence, for as Son I knew that My Father's will was paramount. My Mission could not be complete without this meekness. My Father received My Body into His Arms from the Cross and held Me closely to Himself. Repose on Me, and My Father will receive US into His tender Arms. Come with Me to the Father' s House. If you come with Me and through Me you will not get lost, for I know the way and I am the Way. Copy Me. Do as I did, and do as I do, then all your efforts will not be in vain, for I will channel your desires into the heart of the Trinity and they will become purified by My Blood, spilt so lovingly for all the little lambs of My Father. Do not fear death. To die for love is a great act of surrender and if you know what awaits you would not tarry. Love Me and I will teach you all you need to know to enter My Father's House. Your home is there and nowhere else.*

*Do not be afraid. Be meek always.*

This passage beautifully gathers together the many aspect of Meekness but also gives the singular meaning of this word now so rarely used. It is not sufficient to be merely 'gentle' or 'silent' or even 'patient' but to be forever reposing and waiting on the Lord's will without any desire to dictate the terms of any surrender. The inheritance that Jesus speaks of is our heavenly inheritance, the Kingdom that He bought for us by His Blood and so carefully draws us to by asking us to follow in his path. An earthly inheritance would and could only be transitory and would not fulfil any covenant promise. However the promise of being with Him for all Eternity most certainly does.

#### Footnote

This is a reference to Jesus' own word in Scripture, "Learn from Me, for I Am Meek and Humble of Heart" Matt.11: 29. These words were also given to Saint Margaret Mary Alacoque, when gifting her with the portrayal of His Sacred Heart. See her autobiography. See also ' The Ladder of the Beatitudes' by Jim Forest. (Orbis Books 1999) This book was purchased about a year before I received the Beatitudes and could not read somehow. Having finished typing I remembered it and was astonished to find the consensus and indeed that I could follow the statements which seemed so academic at first glance.

# The Beatitudes

## Blessed Are The Peacemakers

### **Blessed are the Peacemakers for they shall be called the Children of God**

The Beatitude emphasising the nature of our following of the path of peace was given next. (17th/ 18th March 2005 Home...3.10. am)

*JESUS.....Halina, the Blessing for today is: "Blessed are the Peacemakers for they shall be the Children of God". Little one, why will they be counted as the Children of God? Children follow - they follow with open hearts, they do not complicate issue with false and complex ideas. Sometimes they see more clearly than adults. Oh, today they are being robbed of this innocence, but still they see more simply. Why, when they make peace are 'men' seen as children of God? Peace, true peace of heart allows for simplicity of heart. A man or woman at peace within themselves and with God do not wage war, do not lead with aggression, they delight in reconciliation, and they wish to be peace-filled. They carry within an interior quiet and stillness which draws others to them and enables them to bring people together and to God. This peace does not require them to be mute or lacking in life and vigour. On the contrary like children they have zest and enthusiasm and joy. But they seek the happiness of others not their own gratification. Their enjoyment is a purity of heart that enables them to be at peace with God, man and beast, for they know who they are before God their Creator. Like children they know who is in charge and they listen and obey. When the Father sees them gather at His feet He bestows even more peace upon them and they become what they are, truly made to be Children of God. They are signed by the Father to be His Children. They are set apart from this world to be signs of the Father. A sign of true Sonship is to obey and follow the Father. When they are so signed they reflect the Father. When a child or adult is Baptised they receive the gift to become Peace-makers Sons of God, Daughters of God must bring that peace to a broken world. Blessed are they when they bring that Peace that all earthly powers cannot give. Blessed are they when Peace is a hallmark. Little one, little child of God, bring others to Gods Kingdom of Peace.*

This, as often is the case was preceded by a personal comment about searching for a new home.

The words of St Francis or rather his prayer are another expression of this desire to spread peace among people (make me a channel of your peace.... attributed to him). When we stand before the Father we are gathered as children, little ones, brothers and sisters, equal in our nothingness and simplicity and calling on our Dad our Father to keep our friendship and love of Him before our eyes and between each other. We wait for His grace to be poured onto/ into us so that we can channel it to all with whom we make contact. That interior stillness that Jesus speaks of, a certain quiet, makes us able to retain a dignity and poise in the face of adversity and indeed in the feelings of joy too. How clearly this is signed when those who are called to Martyrdom, true sacrifice approach involuntary death. It can also be seen in the sick and dying who have surrendered themselves to the Will of the Father. No less visible is it in people whose gentility and peace is manifest in their everyday lives. How often can a peace filled person reconcile those who are at odds with each other and within themselves?



So many times I have seen this in action when a peacemaker is among a group and their simple quiet can render the noisiest person mute even if it takes, let's say, some while . . . The penny drops eventually that the way is of peace and not aggression. Whether the person is a great leader such as Mahatma Ghandi, Luther King, Pope John Paul 11, Dorothy Day or Saint Rita of Cascia, or those who have maintained peace in there own homes and work places the peace that flows from within is a Gift of the Spirit, but that which they embrace and live out.



Image courtesy of [www.HolyLandPhotos.org](http://www.HolyLandPhotos.org)

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# The Beatitudes

## Blessed Are They That Are Saddened...

**And finally..... Blessed are they that are saddened..... for they shall be comforted.**

It was the vigil of Pentecost and we had decided to spend the night in eager anticipation of the Great Feast. We travelled to Sunderland where we knew that there would be just such a vigil and Eucharistic Adoration in the Church of St Hilda Sunderland. It was during this that the Lord chose to give the last teaching on the Beatitudes. Over the months I have pondered as to why this was given last and as it happens had to write it down in a new book which somehow too was symbolic.

Although seemingly brief it touches on the 'live-ness' of the Beatitudes. It is not simply in the words or form that the call lies but in our desire to live out the call in response to the blessings that Heaven bestows upon us. It is only when we realise that they are in fact blessings and therefore a matter for rejoicing that we can cry out with one voice 'Holy Holy Holy, is the Lord.'

So in the gentle quiet of the church Jesus gave the following word . . . (15/05/05..2.a.m.)

*JESUS . . . Are you finally ready to receive My Words to you about the blessing of Sadness - or as you now say mourning. You have had much sadness in the past weeks and all those journeys - up and down east and west - north and south-- all done with much sadness and a feeling of despondency especially at your inability to find what I have asked of you- a chapel for your Apostolate. You soon will, but learn to carry all that pain . . .*

Jesus then continued with a more personal message. The teaching is singularly brief and at first glance almost surprisingly so. However the key is in the teaching. To live sadness!

I was not left however without guidance. A call to a Bishop friend and advisor (.....) placed the commentary firmly in my hands. As I was speaking to him he said that I should write my reflections on what I have received. I am generally reluctant to do so (had Father Peter not told me a long while back to write?).

As it happens it was this Beatitude where I discovered the changes in language at the start of all these teachings and it was then that I received the dictate.

The following are some reflection on mourning and sadness and, as the Polish has it, 'Toiling and weeping.'

There has been much 'mourning' and many deaths recently in our lives. Notably a mother of a close friend who was drowned and the daughter of another friend, and so this has made me reflect on the words 'Blessed are they that mourn for they shall be comforted'

The word mourn has often puzzled me. In some ways, yes, mourning or loss can be a time of great spiritual growth and awakening and the depth of sorrow makes some recourse to God - with the question... WHY? and then more whys?. Then there is also anger, -- then sometimes guilt, regrets and the pain of aloneness. Sometimes the spirit rejects the offer of comfort that faith can bring, and the soul recoils from God in anger and self - pity. But comfort is there not only of the wound being healed but also in the gift of tears, and consolation of the thoughts of eternal life and joy. Did Jesus himself not weep at the death of Lazarus?

Mourning is something that all will do at some part of their life and therefore is a blessing for it enables the Creator to Comfort the Mourner with His Love and remind them of the purpose of our existence which is to be found in the 'life after death'.

I have also seen the dignity of the mourner - when faith filled. Too, the despair of those who are not. I have seen pain turned to acceptance of suffering which brings to the mourner a kind of blessing which changes into surrender and peace which in human terms is inexplicable. How can grief be turned to Joy? There is the obvious realisation that for those who have departed pain has ceased (or is about too . . . ) and that they share a place of rest with countless others. There is also a place of Communion with the Saints - those who have left before and await the arrival of others of creation that been purified.

How gracious was the forgiveness of a mother whose son was murdered in our land simply because as she said she was a believer!

But there is also the deep realisation of our own mortality and with this the acceptance of it as a 'passage' not as a stopping place. Two eternal truths-- We are born to die. We do not will ourselves to be born and we cannot prevent our dying. This of itself can bring a certain peace. Yes there is a 'fear' but this too can give way to a placidity in the wake of the inevitable. Every hair on our head is numbered.

Yet something has worried me a little about the word 'mourn'. Unlike the other Beatitudes it seemed to be a negative rather than a call to something. For example- to BE a peacemaker, to be poor in spirit requires change. Mourning is something that is imposed rather than chosen. Indeed we do not choose to wish for death for our friends and family so that we can mourn . . . that would be ludicrous and cruel to say the least. Mourning as gift can ennoble, yes, but is that the meaning of this Beatitude?

While searching for the meaning of this in my heart, I discovered that the word 'mourn' has been translated, certainly in Polish as sad. Blessed are the sad. Looking up an old copy of the New testament in Polish (1948, curiously imprimatured by the then JB Montini!), I found that the word used was 'blessed are they that cry' ( are tearful)'..... 'płaczą'. In an even older version the word used was 'smecą' -- to toil or tire. (1961 reproduction of a very old Bible translated from Greek and Hebrew)

So we have....sad....toil....get tired....tire..... and tearful. The Jerusalem Bible quotes 'Happy are those who mourn'. An older Laymen's New Testament (1934, Bishop Challoner) has 'Blessed are they that mourn'. The NIV too has 'mourn' and 'blessings'. Looking up Peake's Commentary, one comment only is made but in effect very symbolic: "We are not to limit (the word 'mourn') to penitence for sin". He goes on to say that one of the titles of the Messiah was Comforter. Clearly mourning here has a different meaning, sadness for sin, regret.

This leads to an even deeper dissonance, at least in contemporary usage, of the word mourn and the intention of the word used elsewhere as sad, tire, weep. Peake would have the word not only as repentant, but also those who mourn as those who are saddened in some way or other about life or their own failings, failures.

Again I pondered this and some time later in Lourdes the meaning became even clearer and why this Beatitude was given both first, and last. Today the faithful remnant suffers many trials and tribulations. In some countries there is overt persecution of the faithful leading to Martyrdom and torture. In other countries there is a desire to make religion a mere cultural experience, something rather quaint and old fashioned and that will eventually die of its own accord. Largely it is considered to be a nuisance for after all 'the intellectual' understanding of today precludes the purveying of such nonsense as faith or an after life. Now we have knowledge after all we are so enlightened we know that God is a Myth. Then we have those who would use religion as a means to set people against each other, one denomination against the other, religion against religion all with evil intent. Then there are the basic verities of the purpose of faith and that is to always follow the Master and the matter of obedience to the moral code set in the New Covenant, an obedience to law and the Covenant of love of God and Man . We see laws that try to overturn this basic law of God and substitute it for a man made perception and interpretation all in the name of the State and the 'common good'. And all the while people grieve and people 'mourn' for they can do little to voice their disquiet.

There is now a deep sadness sometimes articulated sometimes held in the heart and unable to be voiced. There is now almost a 'Cosmic Sadness' among people of good faith. There is a pain that and people weep for what is lost and seemingly cannot be replaced. There are the cries of parents for their Children and Children for something that can give hope in world of suffering. There is sadness. There is mourning for uprightness and purity.

But they shall be Comforted. The great Comforter the Holy Spirit will not abandon His People. The Father Son and Spirit with one voice will rescue their people and will cry 'Come those who are weary and we will give you rest. Blessed are they that are Sad for they shall be Comforted. Amen.

*"Blessed are you when people insult you and persecute you and tell all kinds of evil lies against you because you are my followers. Be happy and glad for a great reward is kept for you in Heaven. This is how the prophets who lived before you were persecuted".*



# The Beatitudes

## Appendix and References...

### *To be completed.*

1. The Rosebuds, Flowers of Surrender of the Crucified Jesus.
2. Saint Faustyna Kowalska, " Divine Mercy In My Soul, The Diary"
3. Venerable Catherine Doherty, My Heart and I.
4. Saint Margaret Mary Alacoque Autobiography.
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6. Biblical texts taken from:
  - The Jerusalem Bible
  - NIV.
  - GNB>
  - Bishop Challoners Laymans
  - Knox
  - Polish New Testament 1948.
7. Peake's Bible Commentary.
8. Web site... Biblical Hebrew Studies. [www.biblicalhebrew.com](http://www.biblicalhebrew.com)
9. Lives of Light, Saint Bernadette of Lourdes Edition du Signe 2004



# The Beatitudes

## Postscript.....

**16th November as I was nearing completion of the writing on the Beatitudes I was given the following as part of a fuller locution . . .**

*JESUS . . . Today you heard the parable of the talents and money. Each ends with the statement that those who have 'not' even the little they have will be taken away from them. This must be seen in conjunction with the Beatitudes, the Blessings. Having something that is Blessed by Heaven, by Poverty of Spirit, or Toil, and sadness - great rewards will be added on,-- even greater gifts because those who live in the Beatitudes multiply blessings as they walk in the path of Holiness and so grace is lavished upon them without measure.*

*Woe to them who do not accept or relinquish these gifts or hide them away. Multiply, increase all that has been given. Strive for ever greater interiority and do not lose sight of the purpose and mission that has been presented*

# Appendix

## ***HOMILY OF JOHN PAUL II***

*Israel – Korazim, Mount of the Beatitudes  
Friday, 24 March 2000*

### **Homily To Youth on Mount Of Beatitudes**

*“Consider your calling, brothers and sisters” (1 Cor 1:26).*

1. Today these words of Saint Paul are addressed to all of us who have come here to the Mount of the Beatitudes. We sit on this hill like the first disciples, and we listen to Jesus. In the stillness, we hear his gentle and urgent voice, as gentle as this land itself and as urgent as a call to choose between life and death.

How many generations before us have been deeply moved by the Sermon on the Mount! How many young people down the centuries have gathered around Jesus to learn the words of eternal life, as you are gathered here today! How many young hearts have been inspired by the power of his personality and the compelling truth of his message! It is wonderful that you are here!

Thank you, Archbishop Boutros Mouallem, for your kind welcome. Please take my prayerful greeting to the whole Greek-Melkite community over which you preside. I extend my fraternal good wishes to the many Cardinals, to Patriarch Sabbah, and to many Bishops present and all the priests. I greet the members of the Latin community, including the Hebrew-speaking faithful, the Maronite community, the Syrian community, the Armenian community, the Chaldean community, and all our brothers and sisters of the other Christian Churches and Ecclesial Communities. I extend a special word of thanks to our Muslim friends who are here, and to the members of the Jewish faith and to the Druze community.

This great gathering is like a rehearsal for the World Youth Day to be held in August in Rome! The young man who spoke promised that you will have another mountain, Mount Sinai. Young people of Israel, of the Palestinian Territories, of Jordan and Cyprus; young people of the Middle East, of Africa and Asia, of Europe, America and Oceania! With love and affection I greet each one of you!

2. The first to hear the Beatitudes of Jesus bore in their hearts the memory of another mountain – Mount Sinai. Just a month ago, I had the grace of going there, where God spoke to Moses and gave the Law, “written with the finger of God” (*Ex 31:18*) on the tablets of stone. These two mountains – Sinai and the Mount of the Beatitudes – offer us the roadmap of our Christian life and a summary of our responsibilities to God and neighbour. The Law and the Beatitudes together mark the path of the following of Christ and the royal road to spiritual maturity and freedom.





5. The disciples spent time with the Lord. They came to know and love him deeply. They discovered the meaning of what the Apostle Peter once said to Jesus: “Lord, to whom shall we go? You have the words of eternal life” (*Jn* 6:68). They discovered that the words of eternal life are the words of Sinai and the words of the Beatitudes. And this is the message which they spread everywhere.

At the moment of his Ascension Jesus gave his disciples a mission and this reassurance: “All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations . . . and behold I am with you always, until the end of the age” (*Mt* 28:18-20). For two thousand years Christ’s followers have carried out this mission. Now, at the dawn of the Third Millennium, it is your turn. It is your turn to go out into the world to preach the message of the Ten Commandments and the Beatitudes. When God speaks, he speaks of things which have the greatest importance for each person, for the people of the twenty-first century no less than those of the first century. The Ten Commandments and the Beatitudes speak of truth and goodness, of grace and freedom: of all that is necessary to enter into Christ’s Kingdom. Now it is your turn to be courageous apostles of that Kingdom!

Young people of the Holy Land, Young people of the world: answer the Lord with a heart that is willing and open! Willing and open, like the heart of the greatest daughter of Galilee, Mary, the Mother of Jesus. How did she respond? She said: “I am the servant of the Lord, let it be done to me according to your word” (*Lk* 1:38).

O Lord Jesus Christ, in this place that you knew and loved so well, listen to these generous young hearts! Continue to teach these young people the truth of the Commandments and the Beatitudes! Make them joyful witnesses to your truth and convinced apostles of your Kingdom! Be with them always, especially when following you and the Gospel becomes difficult and demanding! You will be their strength; you will be their victory!

O Lord Jesus, you have made these young people your friends: keep them for ever close to you! Amen.



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Aims: Adoration, Evangelisation and Formation.

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Halina Holman lives in the North East of England.

She is married to Michael and she has three “grown up children”, two daughters and a son.

She also has a Grandson.....First Grandchild.

The couple are Co-founders of the Host Apostolate.

